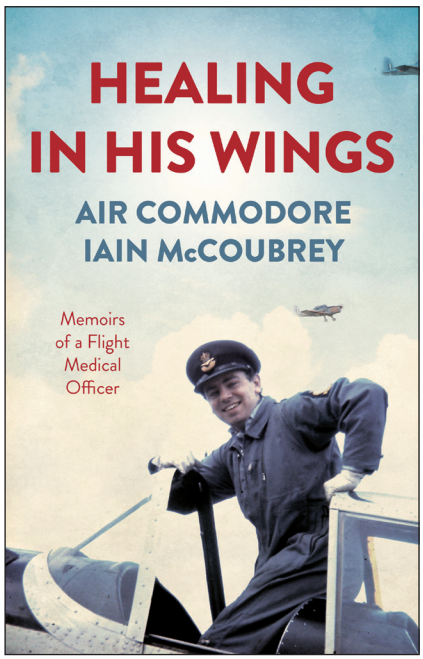
THE BOOK GUILD PUBLISHING

PRESS RELEASE

HEALING IN HIS WINGS

Iain McCoubrey shares his many memories of his time working as a flight medical offer in the RAF



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"A thoroughly entertaining account of the life of a Cold War RAF Doctor."
Air Marshal Sir Ian Macfadyen KCVO CB OBE

When Air Commodore Iain McCoubrey joined the RAF in 1967, there were still World War II veterans serving; by the time he left, the Cold War had ended and defence cuts were endemic – it was a very different world and a very different Air Force.

Healing in his Wings describes Iain's experiences from his tours in Germany during the Cold War; in Hong Kong at the time of the Vietnamese Boat People; on Ascension Island just after the Falklands War; in the USA during the first Gulf War, as well as postings to various UK locations varying from RAF stations to Command Headquarters and the Ministry of Defence.

There are remarkable accounts of real Search and Rescue operations, aeromedical evacuations, winter and sea survival schools and assorted airborne escapades. These are told alongside insights into the challenges of commanding and eventually having to close an RAF Station, set against the structural and sociological changes in the RAF during his thirty years of service.

Iain McCoubrey was born and educated in Scotland. From an early age he waned to fly, and winning a flying scholarship allowed him to start learning while still at school. Since retirement, Iain has settled in Oxfordshire.

Iain says, "*Clearing out the attic, I found a great heap of letters and papers from my time in the RAF. Reading them, it reminded me what fun I had during what was an unorthodox and occasionally adventurous medical career and how different things were then from the way they are now. I realised I had a story to tell. I wanted to share the enjoyment I had, and help put on record a lifestyle which no longer exists.*"

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